

|  |
| --- |
| **Contra Costa College** |

|  |
| --- |
| **Course Outline** |

|  |  |  |  |
| --- | --- | --- | --- |
| **Department & Number** |  PE 135B | **Number of Weeks per term** | 18 |
|  **Course Title** |  Intermediate Tennis  | **Lecture Hours per term** |  |
| **Prerequisite** | PE 135A Beginner Tennis | **Lab Hours per term** | 27-108 |
| **Co-requisite** |  | **\*HBA per term** |  |
| **Prerequisite or concurrently** |  | **Activity Hours per term** |  |
| **Challenge Policy**  | Demonstration of appropriate skills to instructor | **Units** | .5-2 |
| **Advisory** |  |

|  |  |  |
| --- | --- | --- |
| **\*HOURS BY ARRANGEMENT:** |  | Hours per term. |
|  **ACTIVITIES:** (Please provide a list of the activities students will perform in order to satisfy the HBA requirement): |
|  |
|  |

|  |
| --- |
| **COURSE DESCRIPTION** |

|  |
| --- |
| This course is designed to present each student with intermediate tennis skills. Students will continue to improve the basic stroke skills developed in our beginning tennis class. In addition, students will learn the skills required to play at the net, the volley, drop shot and the smash. Students will also learn to hit a flat serve and the basic rules of doubles. |

|  |
| --- |
| **COURSE OBJECTIVES** |
| At the completion of the course the student will be able to: |

|  |
| --- |
| 1. Demonstrate ability to hit volley, drop shot, smash and flat serve. |
| 2. Demonstrate an understanding of the rules of the game as they apply to playing doubles. |
| 3. Demonstrate sportsmanship including the qualities of leadership and fair play. |

 **COURSE CONTENT:** (In detail; attach additional information as needed and include percentage breakdown)

|  |  |  |
| --- | --- | --- |
| 50 | **%** | Intermediate skill development |
| 10 | **%** | Participation in class doubles tournament |
| 30 | **%** | Class participation and competition |
| 10 | **%** | Skills covered in the beginner tennis class. |

|  |
| --- |
| **METHODS OF INSTRUCTION** |

|  |
| --- |
| 1. Lecture and demonstration. |
| 2. Individual skill instruction. |
| 3. Handouts and videos. |
| **INSTRUCTIONAL MATERIALS** |

 **INSTRUCTIONAL MATERIALS**

|  |  |
| --- | --- |
| **Textbook Title:** | Tennis: Steps to Success |
|  **Author:** | Jim Brown |
|  **Publisher:** | Human Kinetics |
|  **Edition/Date:** | 3nd. Edition/2008 |

**NOTE:** To be UC transferable, the text must be dated within the last 5 years OR a statement of justification for a text beyond the last 5 years must be included.

|  |
| --- |
| **COURSE EXPECTATIONS** (Use applicable expectations) |

|  |  |
| --- | --- |
|  **Outside of Class Weekly Assignments** | **Hours per week** |

|  |  |
| --- | --- |
| Weekly Reading Assignments | 1 |
| Weekly Writing Assignments |  |
| Weekly Math Problems |  |
| Lab or Software Application Assignments |  |
| Other Performance Assignments | 3 |

 **STUDENT EVALUATION**: **(Show percentage breakdown for evaluation instruments)**

|  |  |  |
| --- | --- | --- |
| 50 | **%** | Skill development |
| 10 | **%** | Class tournament |
| 30 | **%** | Class participation and competition |
| 10 | **%** | Performance of skills covered in the beginner tennis class. |

|  |
| --- |
|  **GRADING POLICY (Choose LG, P/NP, or SC)** |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| x | **Letter Grade** |  | **Pass / No Pass** |  | **Student Choice** |
| 90% - 100% = A  | 70% and above = Pass | 90% - 100% = A |
| 80% - 89% = B  | Below 70% = No Pass  | 80% - 89% = B |
| 70% - 79% = C  |  | 70% - 79% = C |
| 60% - 69% = D  |  | 60% - 69% = D |
| Below 60% = F  |  | Below 60% = F |
| *or* |
| 70% and above = Pass |
| Below 70% = No Pass |

|  |  |
| --- | --- |
| **Prepared by:** | Rudy Zeller |

|  |  |
| --- | --- |
| **Date:** | 11/3//12 |

*Form Revised 10/0*